

CHELTENHAM & GLOUCESTER GYMNASTICS CLUB

Cheltenham & Gloucester Gymnastics Club Code of Conduct (Parents & Carers)

For the safety and wellbeing of our members, Cheltenham & Gloucester Gymnastics Club implements the following code of conduct which all parents & carers must abide by.

Code of Conduct:

- Gymnasts are required to train in suitable gymnastics attire. New members will have a 4-week grace to wear their own clothing to train in, after which they will be required to wear the official Cheltenham & Gloucester Gymnastics Club training uniform. Further details regarding suitable training attire can be found in our **Code of Dress** policy.
- Ensure that your child wishes to participate in Gymnastics. Encourage your child to participate, do not force them. Focus on your child's efforts and performance rather than winning or losing. Never punish or belittle a child for poor performance or making mistakes.
- Encourage your child to learn the Club's rules and to abide by them.
- Ensure that your child comes appropriately dressed for their session and brings a full water bottle.
- In the case of absence, a message should be left with the gym, prior to the start of the training session. If your child is expected to be away longer than 2 weeks, please let the gym know by email if possible.
- Use common sense when deciding whether or not your child is too ill to attend classes. More information can be found in our **Sickness & Injury Policy**.
- Please do not drop off your own, or other children, early to watch the classes unattended. The Club cannot be responsible for these children until their coach is ready to take the session.
- Park your vehicle responsibly in the designated parking area. Parking spots directly in front of the venue should be reserved for disabled access.
- No shoes are to be worn inside the gymnasium area.
- Parents must stay in the waiting/reception area unless permission to enter the gym is granted by a senior coach.
- The waiting area should be left clean and tidy – Please use the bins provided and clean up after yourselves.
- Children not taking part in classes must be supervised at all times.
- Noise levels must be kept to a minimum in the waiting area whilst a class is in session.
- Parents should not attempt to communicate with their child during their class except in the case of an emergency.
- Gymnasts must not bring food/snacks into the gymnasium area. If your child is training for a long period (more than 2 hours) they may bring a healthy snack to be kept with their

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possessions. The Coach will designate a time and area where the gymnast may eat snacks away from equipment.

- Any **allergies** must be reported on the child's medical declaration form.
- Please show an appreciation of volunteers, coaches, officials and administrators.
- Criticism of other people's children/coaches can be upsetting to all and is frowned upon by the Club. Please refrain from this.
- Never undermine your child's coach in front of any parents or child and do not talk negatively about any coaches, parents or gymnast.
- Use appropriate language at all times on Club premises and at events/competitions.
- Remember that children learn best by example. Set a good example for your child by recognising good sportsmanship and applauding the good performance of all.
- Respect coaches' and officials' decisions and teach your child to do likewise.
- If you have any issues regarding your child and you wish to discuss them directly with the appropriate coach, you can speak to them briefly at the end of the session, by e-mail, or arrange a longer chat at a time that is convenient for the coach and that doesn't take them away from a scheduled training session.
- Concerns and complaints about any aspect of the Club should be raised via e-mail and through the appropriate channels. See Cheltenham & Gloucester Gymnastics Club's **Complaints Procedure** for more details.
- Always collect your child promptly at the end of the session and remind them that they must wait in the building until you arrive.
- If a child is to be collected by a parent/guardian/carer not known to the Club, please inform a member of staff prior to collection.
- Please update any contact/medical details if they change, this can be done on your LoveAdmin profile or by contacting reception.
- Please use the Club's noticeboard, website, Facebook, Instagram and e-mails to keep up to date with notices and Club information.
- Please pay fees promptly.

A senior member of staff will bring any deviation from this code to the attention of the parents/guardian/carer as necessary. Appropriate strategies to encourage positive change will be implemented but Cheltenham & Gloucester Gymnastics Club will revoke the gymnast's place in an extreme case or if the code is repeatedly breached.

Cheltenham & Gloucester Gymnastics Club values the contribution made by our volunteers at events and undertaking important administrative duties. Volunteering can also be the first step towards a coaching role or career. If you are interested in volunteering, please leave your details with the receptionist or email cggcenquiries@gmail.com